



SEABURN DENE PRIMARY SCHOOL

POLICY FOR ANTI-BULLYING...

“we always try to be that little bit better.”

Link governors: *Julie Cattanach, James Doyle (Safeguarding/Behaviour and Attitudes)*

Policy written by: *John Howe*

Policy Last Reviewed by Governors: *November 2024*

Date ratified by governors: 19th November 2024

Date of next review: November 2026, or earlier - if appropriate.

At our school, we are committed to creating a safe, caring, and inclusive environment. We do not tolerate bullying in any form. Every member of our school community has the right to work, play, and learn without fear.

Our Expectations

To keep our school a respectful and positive space, we believe all members of our community should:

- Set high standards for their own and others' behaviour.
- Show respect and value each other, understanding that everyone is equal.
- Celebrate individual differences.
- Listen to one another and feel heard.
- Treat everyone fairly and consistently.
- Serve as positive role models.

This policy outlines our school's approach to preventing bullying, what we consider bullying, and how we respond if bullying occurs. It was created with input from pupils, staff, and parents, and reflects best practices from other schools and organisations. The policy is part of our school's Behaviour and Discipline Policy, which has been agreed upon by pupils, parents, and staff.

School Ethos

All adults in our school community play an essential role in modelling high standards of behaviour, as their actions and words significantly influence children. As adults, we aim to:

- Emphasise the value of each individual.
- Promote honesty and courtesy.
- Foster relationships based on kindness and respect for others' needs.
- Ensure everyone is treated fairly, regardless of age, race, gender, ability, or disability.
- Appreciate the efforts and contributions of everyone.

What is Bullying?

We define bullying as repeated, intentional behaviour that aims to threaten, hurt, or intimidate someone. According to the Anti-Bullying Alliance, bullying is:

- Deliberately hurtful.
- Repeated or persistent.
- Based on an imbalance of power, making the victim feel defenseless.

Bullying can include:

- **Physical:** Pushing, hitting, kicking, stealing, or threatening.
- **Verbal:** Name-calling, teasing, spreading rumors, or making offensive remarks.
- **Emotional:** Excluding others, ridicule, or humiliation.
- **Racist:** Racial taunts, jokes, or gestures.
- **Sexual:** Unwanted touching or comments.
- **Homophobic:** Directed at someone perceived as gay or showing characteristics of the opposite gender.
- **Cyber:** Using digital platforms to cause pain or distress.

Signs of Bullying

Changes in behaviour can signal bullying. A child may:

- Become withdrawn, moody, or uncooperative.
- Have sleep or appetite problems.
- Show inconsistent school performance.
- Have unexplained injuries or request extra money.
- Avoid activities or change routines.

Our "Telling" School Approach

Bullying of any kind is unacceptable here. We encourage everyone to report any bullying they witness or experience. To support this, we have:

- Regular rewards and sanctions.
- Parental consultations.
- School Council and Anti-Bullying Team meetings.
- Activities like Anti-Bullying Week, Circle Time, and PSHE sessions.
- Pastoral support.

What Children Can Do

Children are encouraged to:

- Tell a trusted adult.
- Stay calm.
- Share with a friend.
- Let others know they don't like what's happening.
- Use our "Worry Box" or call ChildLine if needed.

How Parents Can Help

If you think your child is being bullied:

1. Contact the school calmly so we can work together to resolve the issue.
2. Encourage your child to tell a teacher if the bullying continues.
3. Avoid confronting other children directly and, instead, work with us to find solutions.

If Your Child is Bullying Others

1. Remain calm and open to working with the school.
2. Discuss with your child how their actions have affected others.
3. Stay in touch with the school to monitor their progress.

Steps for Addressing Bullying

If bullying is suspected, we talk with everyone involved and take appropriate action:

- Offer immediate and ongoing support to victims.
- Work with those who bully to address and change their behavior.
- Implement disciplinary actions when needed, such as warnings, behavioral plans, or exclusions if necessary.

Each case is monitored to ensure bullying does not happen again, and serious concerns are recorded.

Review and Monitoring

The headteacher monitors this policy daily and reports its effectiveness to governors. It is reviewed annually to ensure it remains effective and relevant. In certain cases, we may seek support from external agencies.

Parents unsatisfied with the school's actions may:

1. Discuss their concerns with the Headteacher.
2. If still unsatisfied, contact the Chair of Governors at Seaburn Dene Primary School.

This policy aims to create a safe, supportive environment where everyone feels valued and bullying has no place

Inclusion Statement

At Seaburn Dene Primary School, we are committed to offering an inclusive curriculum to ensure the best possible progress for all of our pupils whatever their needs or abilities.

Pupils have Special Educational Needs if they have a learning difficulty which calls for special educational provision to be made for them. Pupils with a disability have special educational needs if they have any difficulty in accessing education and if they need any special educational provision to be made for them, which is anything that is additional to or different from what is normally available in schools in the area.

At Seaburn Dene Primary School we undertake the duties, including in relation to this policy: • Not to treat disabled pupils less favourably for a reason which relates to their disability • To take reasonable steps to avoid putting disabled pupils at a substantial disadvantage • To do our best by all disabled members of our school community in relation to the requirements of this particular policy

Equality & Diversity Statement

Seaburn Dene Primary School fully recognises its duty to comply with equality and diversity legislation, and its Gender Equality Scheme sets out the school's aims in relation to equality and what it will do to ensure that equality is fully embedded in practice. The school fully acknowledges its responsibilities in terms of equality issues in relation to gender, age, race, disability, religion or belief, sexual orientation and gender reassignment, including in relation to **this policy**. Seaburn Dene Primary School is firmly committed to equality and diversity, and when carrying out our functions, we shall have due regard to the need: to eliminate unlawful discrimination and harassment; to promote equality of opportunity between men and women. This Policy should be read in conjunction with the School's: SEND Policy Equality Policy Behaviour and Discipline Policy Anti-Cyberbullying Policy