

Seaburn Dene

Primary School

HEADTEACHER : MR J K HOWE

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Dear Parents /Carers,

Learn to Ride your bike!
Week beginning: 20th May 2024

At Seaburn Dene, we would love to try to help everyone in Reception to learn how to ride their bike (stabiliser free).

During this week, we will be promoting the positive wellbeing and healthy attitudes needed to learn outdoors. Therefore, we would like every child to bring their **bike** and **helmet** to school. We will be using balance bikes first, before moving on to the pedal bikes, with support. (We have a few bikes at school, if you need one - please send me a Dojo message to inform me of this.)

Those children who can already ride a two wheeled bike are keen to demonstrate their skills to us and will be allowed to practise their skills, in the expert riding group.

School uniforms will not be required for children during this week, with their PE and trainers more suitable for this task. We will be doing class-based learning most mornings and bike riding during the afternoon sessions. (Bikes will not be required on **Thursday 23rd May** due to Beach Visit.)

In Reception, we have taught children previously and we had a 100% success rate, with huge interest and aspiration for the children. We thought this would be a great opportunity to encourage and support all of our children; or set them up with a good start for you to continue, at home.

We are hoping that this will be a real asset in developing the children's gross motor skills development and a showcase for those able to demonstrate and improve their skills further. If you are able to attend a session to support us in our endeavours, please send me a Dojo message or contact the school office: 0191 563 4100.

If you have any further questions please do not hesitate to contact me (phone the office or speak to me in the yard.)

Yours sincerely,

Mrs D Wilson
(Leader of learning for FS & Y1)



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